



# **Local School Wellness Policy: Triennial Assessment Tool 2024**

School Division:

York County School Division (YCSA)

Wellness Policy Contact Name and Email:

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Wellness Policy can be found at:

[yorkcountyschools.org](http://yorkcountyschools.org)

Triennial Assessment can be found at:

[yorkcountyschools.org](http://yorkcountyschools.org)

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

## Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The committee includes the Associate Director of Student Services, Coordinator of Health Services, Coordinator of Arts and Physical Education, school nurses and physical education teachers.
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The public is notified through the division website for opportunities to participate.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School meals follow all USDA regulations and requirements.
Foods Sold Outside of School Meals Program	Sell only USDA's Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Smart Snack nutrition standards are fully implemented.
Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Standards for all foods and beverages provided, but not sold, as outlined in the YCSD Wellness Policy, are followed.

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Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All food and beverage marketing meets Smart Snacks standards.
Nutrition Education	Include at least one evidence-based goal for nutrition education.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	YCSD provides at least 140 minutes of nutrition education and exceeds the expectations of the Virginia Department of Education <a href="#">Health Standards of Learning (SOLs)</a> by integrating nutrition concepts and skills into mathematics, language arts, social science, and elective courses throughout the school year.
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Schools promote health and wellness through programs and activities, which includes sharing information with students, families and the school community through daily announcements, monthly newsletters or materials sent home to families, school assemblies, town hall meetings, staff meetings and/or PTA meetings.

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Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	YCSD provides students with physical education that exceeds the expectations of the VDOE <a href="#">Physical Education SOLs</a> and teaches skills needed to achieve and maintain a health-enhancing level of personal fitness.
Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	YCSD provides school climates that support social and emotional wellbeing and promote positive relationships among students, staff, parents, and community members.
Triennial Assessment	Complete a Triennial Assessment and notify the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	YCSD evaluates compliance with the Wellness Policy at least once every three years.
Public Update and Information	Specify how the public will be informed about content and implementation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Each school year the division actively informs families and the public about the content of, and any updates to, the Wellness Policy through the division website and School Board meetings.

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Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School fundraisers fully comply with required compliance guidelines and frequently sell items other than food.
Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No fundraisers occur during meal times.
Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Building based administrators serve designees for any food and beverage fundraisers that may occur.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.

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Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
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**Additional Notes:**

Click or tap here to enter text.

How does your policy compare to the model policy?

Wellness Policy requirements are fully in place at this time.

Note progress made towards wellness goals:

Wellness targets have been met. Division goals will now focus on expanding nutrition education offerings as well as opportunities to further integrate physical activities into as many learning experiences as possible.