2021-22 Daily Health Screenings for Families and Staff

To protect the health and safety of others, all YCSD students and staff members are expected to perform the following daily health check before coming to school or work.

Symptoms
If you or your child are experiencing any of these symptoms, please STAY HOME until symptom-free for at least 24 hours without medication.

- Temperature 100.0 F or higher
- Cough/shortness of breath/difficulty breathing*
- Chills
- Fatigue
- Muscle/Body aches
- Headache

- Sore throat
- Congestion
- Diarrhea, nausea or vomiting
- New loss of taste or smell
- Unusual rash
- Red or pink eyes not explained by allergies or injury

* (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)

Potential COVID-19 Exposure/Close Contact
If you had close contact with anyone who tested positive for COVID-19, you must STAY HOME to quarantine and monitor for symptoms. No quarantine required if fully vaccinated or have had COVID-19 within the last 90 days.

- If not tested for COVID-19: Must STAY HOME for 10 days after close contact. May return on day 11 if symptoms have not developed.
- If tested for COVID-19: May test on or after the 5th day after close contact. If results are negative, must STAY HOME through the 7th day after close contact. May return on day 8 if symptoms have not developed after providing proof of negative result.

Pending or Positive COVID-19 Test Results

Unvaccinated individuals: If you, your child, or a member of your immediate household has been tested for COVID-19, please STAY HOME until test results are received.

Vaccinated individuals: Vaccinated persons who have been tested for COVID-19 should also STAY HOME until test results are received.

If you or your child receives a positive COVID-19 test result regardless of your vaccination status, please notify your school nurse or building administrator immediately.

Tips for Returning to School & Work Safely

- Allow time each morning to complete the screening checklist.
- Use the same thermometer on the same spot each day for consistency. When using an oral thermometer, avoid food or drinks for at least 15 minutes prior.
- Practice appropriate mask use. Make sure you know how to wear your mask and how to properly take one on and off.
- Practice hand hygiene. Make proper handwashing a frequent part of the daily routine (at least 20 seconds ensuring the front, back and in-between fingers are washed).
- Practice distancing. Consider ways to visualize a 3-foot distance.
- Purchase reusable water bottles. Schools will only have water-refilling stations operating, not water fountains.

Revised 1/6/2022